

Daily Activities

Plan Your Activities For Today:

Date:	Start Time?
	End?

Activity	Planned	Actual	100% Effort?	Result	Comments
Personal Development					
Prospecting					
Appointments					
Follow Ups					
3-Way Calls					
In-Home Presentations					
Meetings					
Conference Calls					
Relations					

Overall Effort/Result %:			
Rating For The Day (1-10):			

Today's Goal Statement: